



Note that the RoF route continues straight on at the Hermon crossroads through Llangadwaladr and left over the stile into the fields following the foot path. This is to avoid the narrow road especially at night.

Honesty Book
Grid Ref:
SH35592 67803
W3W:///phantom
.signal.scripted
Tear a page out
and present it to
the Marshals at
CP7 to prove
your presence!

Note the BLUE dotted line low tide route option only if the tide is out.
HIGH TIDES:
SATURDAY 30th August 2025
02:52hrs British Summer Time. Height 4.67m
And
15:15hrs British Summer Time. Height 4.40m
SUNDAY 31st August 2025
03:38hrs British Summer Time. Height 4.33m

FRIDAY 29		High tide	02h15 5.01m
		Low tide	08h32 1.56m
		High tide	14h35 4.65m
		Low tide	20h44 1.75m
SATURDAY 30		High tide	02h52 4.67m
		Low tide	09h10 1.87m
		High tide	15h15 4.40m
		Low tide	21h28 2.05m
SUNDAY 31		High tide	03h38 4.33m
		Low tide	09h56 2.17m
		High tide	16h08 4.17m
		Low tide	22h27 2.31m



CYNGOR SIR
YNYS MÔN
ISLE OF ANGLESEY
COUNTY COUNCIL

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DYLUNWYD GAN:
DRAWN BY:

sljht

DYDDIAD:
DATE ISSUED:

11 May 2016

GRADDFA / SCALE:
Scale 1:20000

CYF. GRID / GRID REF:
SH363692